



Ooodles of Doodles: Art Journaling 101

Have a blast, and bring out your inner child in this stress-reducing Art Journaling workshop. No art experience needed!

Learn the basics of creating an art journal:
doodles, mixed media and more.



"Creativity takes courage." Henri Matisse

Bring crayons, colored pencils or markers, fine-tip and ultra fine-tip markers, a journal, sketch pad or notebook and you just may find an artist within you as you relax and discover the fun of Art Journaling.



About the presenter: Lynne Cobb is a speaker, writer, journalist, artist and local editor of a monthly newspaper. Her and articles have been [published](#) in Detroit's major daily newspapers, as well as in local and national magazines and various websites. She's also a contributing author to the anthologies, [What I Do to Get Through](#) and [Feisty after 45 – the Best Blogs of Midlife Women](#). Lynne is a member of the Detroit Working Writers and has her Bachelor of Arts—Journalism Studies from UMass—Amherst, Massachusetts.

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